

Let's get screened for cancer

for your sake and your loved ones!

This cancer screening is aimed at checking people with no visible symptoms of cancer.

Those who show symptoms from cancer will be advised to seek further examination at a medical institution. Cancer screening is not a one-and-done thing.

We advise all residents who have been identified as being within the eligible age range to get screened.

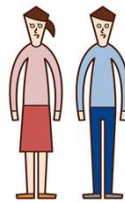


The difference between "Screening" and "Treatment"

Screening

Asymptomatic

- Low possibility of cancer
- Most diagnosed cancers are in their early stages.



Screening

Treatment

Experiencing symptoms

- Possibility of cancer
Varies depending on age and symptoms. Affects a few to one in several dozen people.



Thorough examination by a medical institution



Undergoing cancer screening at Tsu City through **3 steps!**



Tsu City Cancer Screening (QR Code)

Step 1

Choose a Medical Institution

Individual screening
(Tsu City-partnered medical institutions)



Group exam

(Tsu city health exam facilities and health centers)



Step 2

Make an Appointment

Make an appointment with a partner medical institution or health exam facility



Step 3

Attend Your Scheduled Screening

What to bring









- ① Cancer screening voucher
- ② Copayment
- ③ Health insurance card
- ④ PHR (Personal Health Record)



Note : Tsu City subsidizes **60-70%** of cancer screening costs.

See the back page for more cancer screening details.

Cancer Screening

Type of Exam	Procedure	Details	Age and other eligibility criteria for cancer screening based on national recommendations
Stomach cancer	Endoscopy (Gastroscopy)	A thin tube equipped with a small camera is inserted through the mouth or nose to view the inside of the stomach. 	50-69 years old (once every two years) *1 At present, individuals 40 and older may undergo annual screenings.
	Barium X-ray*1	The patient will be asked to drink a contrast agent and a gas-producing agent that expands their stomach. An X-ray will be taken once preparations are ready. 	
Lung cancer	X-ray Exam	A chest X-ray is taken. 	40 to 69 years old (once a year)
Colorectal cancer	Fecal Immunochemical Test (FIT) 2-day Sampling	Checks for blood in the submitted Stool samples taken from two separate days. 	40 to 69 years old (once a year)
Uterine cancer	Cervical cancer screening	A special brush is used to collect cells from the entrance of the uterus. These samples are used to check for the presence of cancer cells. 	Women 20 to 69 years old (once every two years)
Breast cancer	X-ray Exam (Mammography) Ultrasound exam *2	An X-ray photo of the breasts will be taken. 	Women 40 to 69 years old (once every two years)
Hepatitis virus	Hepatitis virus testing (Type-B antigen and Type-C antibody tests)	Blood samples are taken to check for the presence of HBsAg and HCV antibodies. 	<ul style="list-style-type: none"> • 40 years old • Former Tsu City residents aged 41 and above who have not been examined with Hepatitis virus screening
Tuberculosis *Legally-mandated medical exam under the Infectious Diseases Control Law	X-ray Exam (Only for community-based mobile checkups at health centers)	A chest X-ray is taken. 	65 years or older (Choose between lung cancer or tuberculosis screening)

*2 Ultrasound exam: This is a procedure unique to Tsu City. The structure of the breasts are checked through the reflected ultrasound. Women in their 30s can get checked once a year. Women 40 to 59 years old can choose to get either mammography or ultrasound exam every two years. (age by the end of the year)



The cancer screening is considered complete after undergoing the follow-up diagnostic tests. Those who receive the result "Further testing required" are advised to take the follow-up diagnostic test.



Cancer screening pros and cons

For inquiries, Contact the Tsu City Health Promotion Division at (059)229-3310 or your local health center.

Chu-ō	Hisai	Kawage	Geinou	Misato	Anou	Karasu	Ichishi	Hakusan	Misugi
229-3164	255-8864	245-1212	266-2520	279-8128	268-5800	292-4183	295-0112	262-7294	272-8089

Created August 2024