

How to use "Tsu City Happy Note"

«Your child has not been diagnosed with a development issue but seems to have difficulties in daily life»

- Your worries might be organized and lessened. (You realize you are not alone.)
- You can file precise information.
- You can notice your child's change.

«When you find your child has a development disorder»

- You can use this notebook to share with your "MINGLE" supporters. (See below)
You can also take the necessary pages out of this notebook to be shared.
- Your family can share information with the supporters. (To use it as a tool)
(If non-Japanese people need help writing down, you can ask your supporters, which also promotes communication between you and your supporters.)
- You can file precise information. (keeping seamless support)
- You can organize your thoughts for future worries.
- It is useful when you apply for welfare services.
(When you show this notebook, you don't have to explain everything.)
- You can keep the necessary documents that you need to submit every year or periodically.
(It is helpful when you apply.)

«Where can I apply for the notebook?»

- Please fill out the application form at the welfare division at the city hall.
A staff member will call you to decide when and where you can receive this notebook.

«Where can I receive the notebook?»

- You can be given it by a "Mingle member" at the Tsu City consultation and support center for disabilities.
- You can receive it at the special support school or the welfare office, if you request.
- You can attend the meeting or consultations on how to use this notebook.
※You can fill out the application form during the meeting.



What is 「MINGURU」 ?

It is an autism support group which is consigned by Mie prefecture in order to support parents who have autistic children. The staff members have "the parent mentor" certificate.

Whether or not your child has a disability, all children up to 18 years-old can receive this notebook for free.

Those children who attend the special support school will be given the notebook.

「Happy note」

You can start on any page of "Happy Note".
Please make your own notebook.